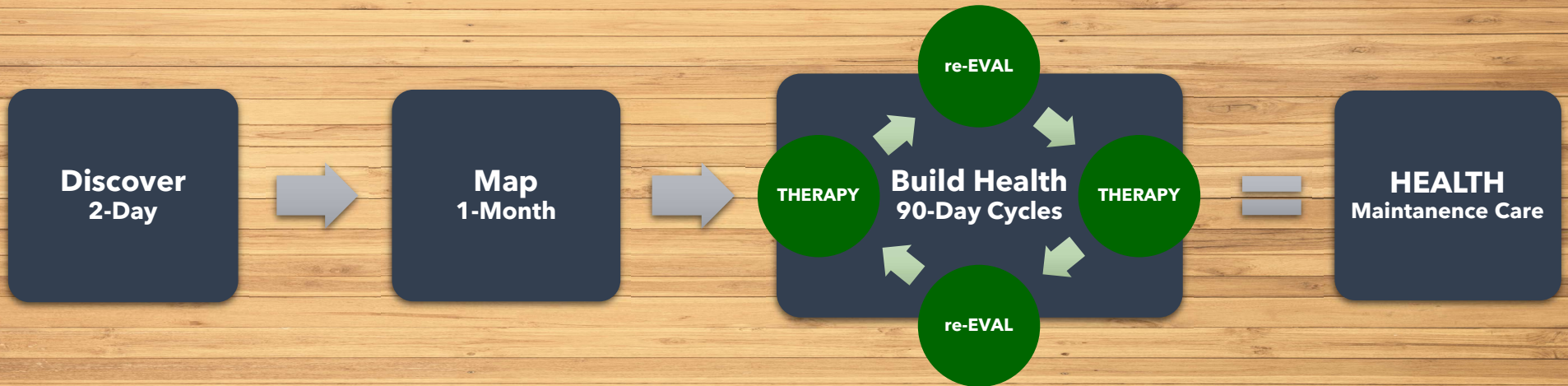




THE PROVEN PROCESS



Discover Causes & Healing Process

Listen - Your Story & Goals
Exam - Physical & Tests
Report of Findings
Initial Treatment Plan

Map the Journey

Tests & Therapy
Identify Barriers & Solutions
Report of Findings
Updated Treatment Plan

Build Health

Therapy & Medicines
Activate, Build & Cleanse
Lifestyle
Educate, Guide & Change
Re-Evaluate Findings/Progress
PND Acute Care
Stabilize Health & Habits

Maintain Health

Annual Check-ups
As Needed:
PND Acute Care
Therapy-Eval Cycles
Wellness Membership

CORE VALUES

INTEGRITY

POSITIVITY

COMMITMENT

GROWTH



THE PROVEN PROCESS

DISCOVER 2-DAY

We listen to your story, thoroughly evaluate how your systems are functioning through examination and testing and establish goals. Together we walk through how the body works, what the healing process looks like, review your findings, underlying causes and what to do about it.

MAP 1-MONTH

In the first month, we work to uncover greater details about your health and function. Through specific testing and treatments to gauge response, we map the healing journey.

BUILD HEALTH 90-DAY CYCLES

To correct dysfunction and build health requires therapies done successively over time, along with the appropriate adjustments along the way. Every 60-90 days we'll re-evaluate to gauge progress and adjust the plan. We continue this cycle as you gain function until a high level is sustainably achieved.

MAINTAIN HEALTH ANNUAL CHECKUPS

Now healthy, live well! We establish the program to maintain your high level of health and what to do if it falters. Annual checkups and acute visits with mini corrective cycles as needed. You'll be in good hands as you live your best life!

"Thank you for listening today. I very much appreciate all you do for me and my family. It is a great thing for me to feel better than I did when was in my twenties. I've come a long way since then! Many thanks!"

-- M.J.

"No more aches or pains, more energy in my muscles, my bowels are wonderful, and my energy is back. It's amazing. You have been a Godsend!"

-- K.H.

"My abdomen has been amazing. It's been really well. No pain at all. No cramping or diarrhea. My energy is really well. I feel like a new person! Sleep is getting better. I am now sleeping through the night without issues."

-- J.W.

BUILD HEALTH. LIVE WELL.